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IMMEDIATE DENTURE CARE INSTRUCTIONS

First Week

You should keep your denture(s) in for the first 4-5 days before you take them out for any extended length of time. You can take them out for a few minutes at a time.

*NOTE: leaving them out for longer than a few minutes could result in your gums swelling and you may be unable to put them back in until the swelling subsides.

Daily Care

Take your denture(s) out daily and scrub thoroughly with the denture brush and hand pump soap. <u>NEVER</u> use toothpaste. Hand pump soap is mild and not abrasive on the denture teeth. Abrasive soap could cause scratches to the denture.

Second Week and After

After 4-5 days leave your denture(s) out overnight if possible. It's good to give your tissues a break.

Evening

We recommend leaving your denture/ partial out overnight. Its best to give your tissues a break. Keep the denture/ partial moist when not wearing (i.e., water bath). Fill your denture container with clean fresh water to soak. Be sure to clean your denture/partial thoroughly before soaking. Keep your denture bath clean and use fresh water daily. Any denture cleaner tablet is fine to use in your denture bath.

Only use cleaners that are "FOR DENTURES OR PARTIALS"

<u>Adjustments</u>

We will see you as for adjustments as necessary. These adjustments HAVE TO BE AT LEAST ONE WEEK APART.

The first three months of adjustments are included at no additional cost.

Adhesive

(USE ONLY IF NEEDED)

Once you are cleared to use & have no sutures.

Use 3 dots the size of a pea, that is all you should need.

one on each side & one in the middle.

After 3 Months

Keep in mind that during the first 3 months after your extractions your gum tissues will be healing and shrinking. This will cause the denture(s) to loosen up. After 3 months post extractions we will schedule you for a Reline. The reline process resurfaces the tissue side of the denture for a tighter fit. We do one denture at a time, and you will be without your denture for a day in a half.

*One reline is included at no additional charge.

CAUTION

DO NOT soak or clean your denture(s) with anything that does not say "dentures" on the packaging. Hand pump soap is the only exception. Example: Toothpaste, baking soda, bleach could cause damage to your denture(s).

Annual Follow Up for Denture Patients

If you do not have any natural teeth, we recommend annual evaluations for a professional denture cleaning and a very important oral cancer screening by Dr. Krueger.

Adjustments are included for the first 3 months after initial placement.

1 temporary liner is included, and additional liners are \$225.00.

1 reline is included after 3 months of healing and additional relines are \$500 with no implants, if implants are involved fees are quoted separately.