

Night Guard/ Snore Guard Instructions

- DO NOT SOAK!
The Hard/Soft Guard will delaminate the soft inside from the hard outside.
All Soft Guard or Snore Guard could change the shape.
- Clean by using your toothbrush and a small amount of toothpaste. IF you prefer a minty fresher taste, you can splash some mouthwash over the appliance.
- After cleaning place on a paper towel or wash cloth upside down to dry. If you place in your case, please put a paper towel inside to collect the moisture and open, when possible, to air out.
- If you have any animals, please keep the appliance out of reach. Some animals are attracted to the smell of the appliance and have been known to chew up appliances.

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